

Fundamentals Gymnastics

Fundamentals Classes -Effective January 7, 2008

Green (Girls 1st stage)
 Yellow (Girls 2nd stage)
 Magenta (Girls 3rd stage)
 Int. = Intermediate Boys
 Level Programs (Next stage)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			GREEN/ YELLOW 11:15 - 12:15		GREEN/ YELLOW 11:15 - 12:15
			MAGENTA 11:15 - 12:15		
			BOYS Intermediate 11:15 - 12:15		
		GREEN 3:30 - 4:30			
BOYS 4:30 - 5:30	BOYS Intermediate 4:30 - 5:30	BOYS 4:30 - 5:30	BOYS Intermediate 4:30 - 5:30	BOYS 4:30 - 5:30	
GREEN 4:30 - 5:30	MAGENTA 4:30 - 5:30	GREEN 4:30 - 5:30	GREEN 4:30 - 5:30		
	ALL STARS Invite only 4:30 - 5:30	MAGENTA 4:30 - 5:30	ALL STARS Invite only 4:30 - 5:30	YELLOW/ MAGENTA 4:30 - 5:30	
		GREEN 5:30 - 6:30			

For Level Program and Team Program information please contact the Program Director. These are invitation only programs. Students meeting all Magenta Level requirements may be invited into the Level Program.